

Kategoriseringsspil

Til træning af over-/underbegreber og ordforråd

TEMA: MAD

Fremgangsmåde: Udvælg de overbegreber inden for mad, som du vil arbejde med – man bør arbejde med mindst 2 kurve ad gangen (jeg anbefaler maks 4). Klip de tilhørende billeder ud og placér dem med bagsiden opad. Barnet (eller børnene hvis man spiller i en lille gruppe) skal trække ét billede ad gangen, benævne ordet og herefter placere billedet i den korrekte indkøbsvogn. Ha' en dialog med barnet undervejs omkring billederne, fx hvordan maden smager, hvad man kan spise det med, om barnet har smagt det før eller lign.

Nogle brikker kan godt høre til i flere indkøbsvogne – dette indbyder til masser af dialog undervejs. Det er altid vigtigt at have fokus på dialogen, frem for "facit" – der er ikke nødvendigvis et rigtigt eller forkert svar, men det handler om at kunne "argumentere" for svaret.

Som eksempel kan man arbejde med disse overbegreber sammen:

- Frugt vs. grøntsager
- Mejeri vs. protein vs. korn og stivelse
- Morgenmad vs. frokost vs. aftensmad
- Koldt vs. varmt

Og mange flere 😊



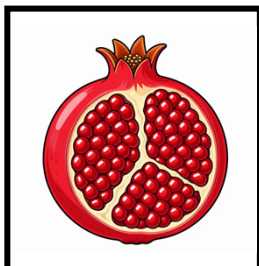
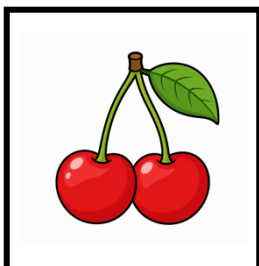
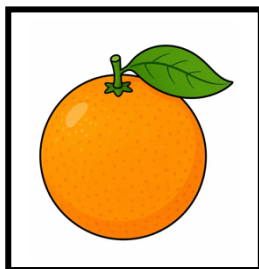
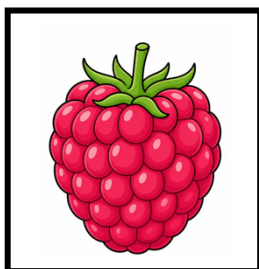
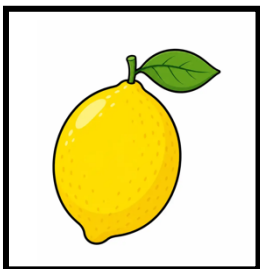
Udarbejdet af Celine Pitt.

Materialet indeholder billeder fra KuraPlan samt AI-billeder.

Frugt



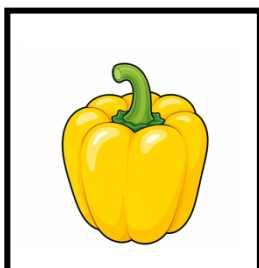
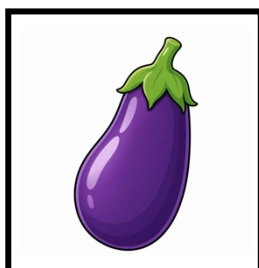
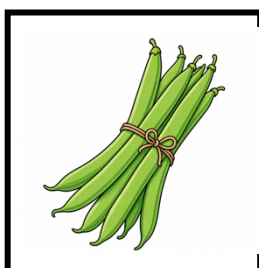
Klip brikkerne ud (citron, hindbær, appelsin, kokos, kirsebær, granatæble):



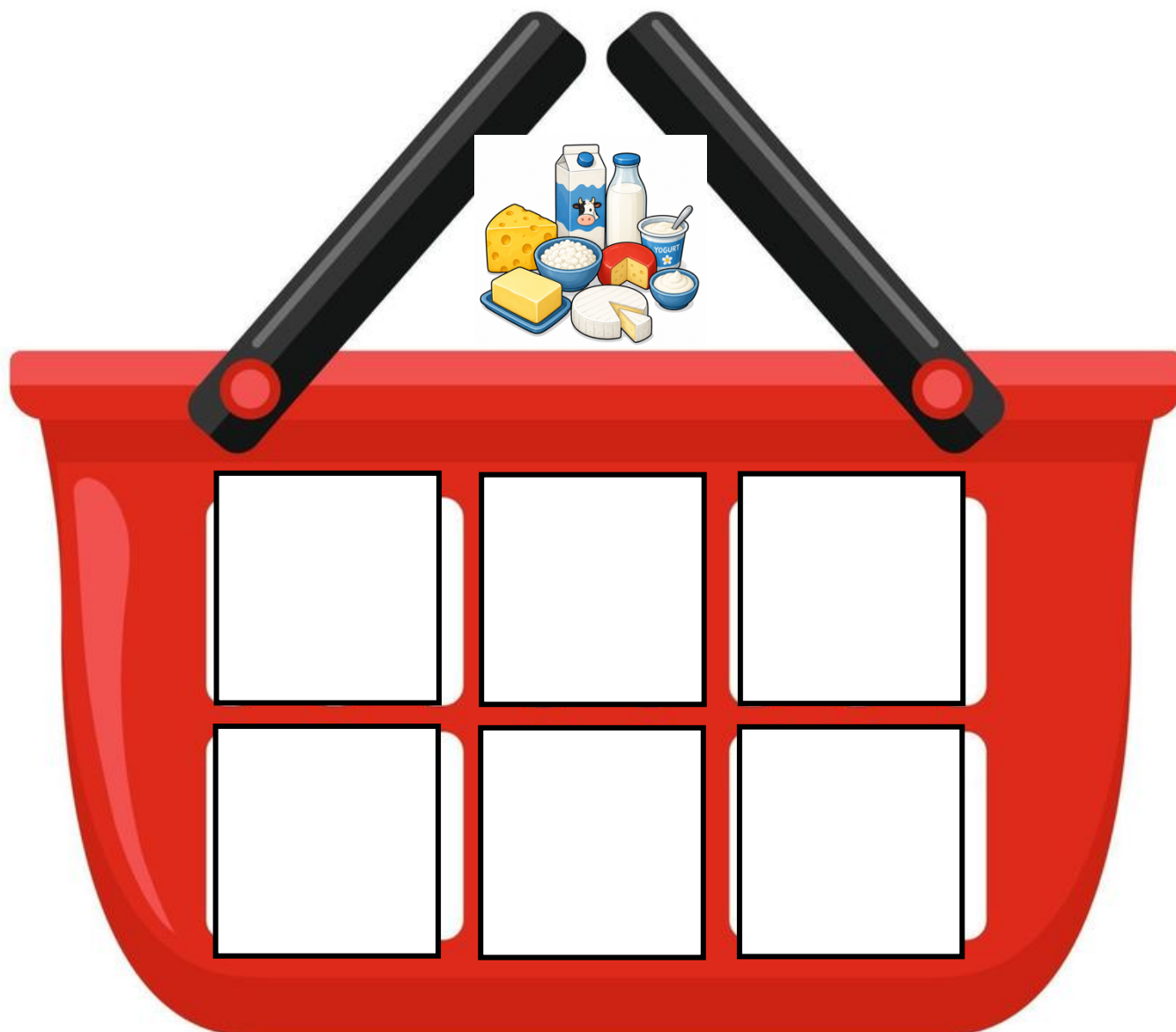
Grøntsager



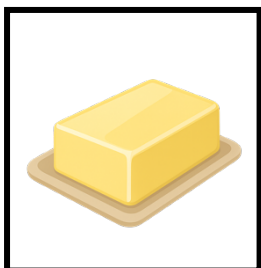
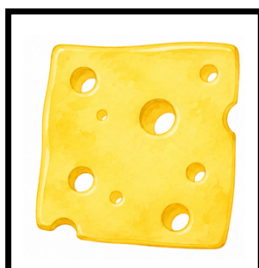
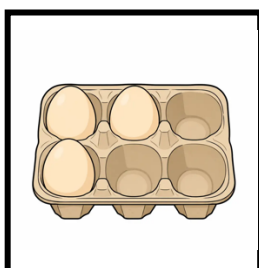
Klip brikkerne ud (spinat, bønner, aubergine, græskar, hvidløg, peberfrugt):



Mejeriprodukter



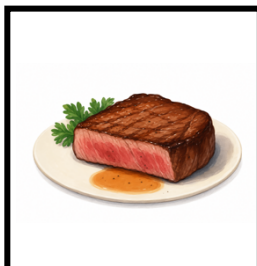
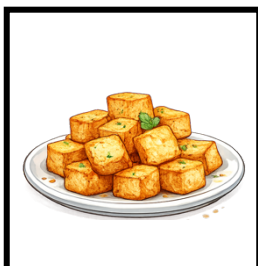
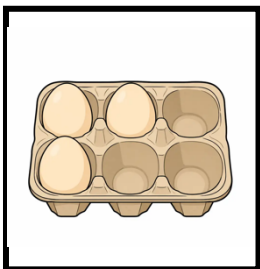
Klip brikkerne ud (mælk, æg, ost, yoghurt, smør, fløde):



Proteiner



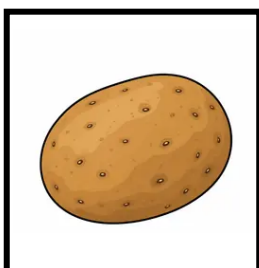
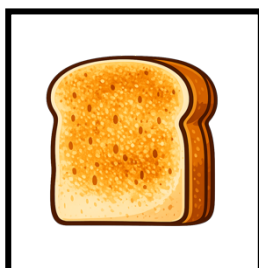
Klip brikkerne ud (æg, tun, hytteost, kylling, tofu, bøf):



Korn og stivelse



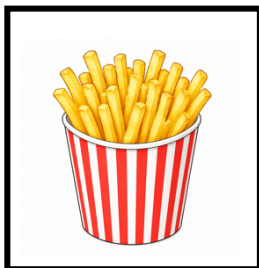
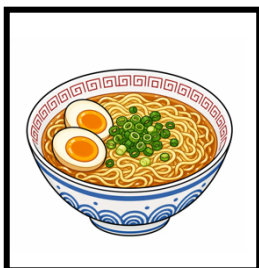
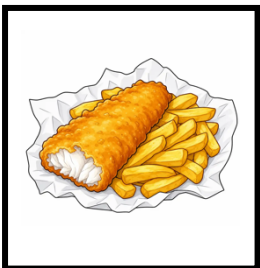
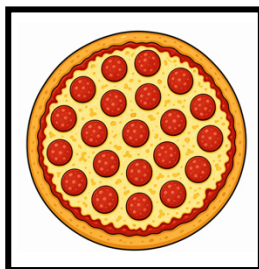
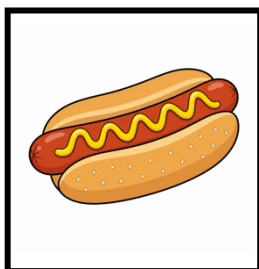
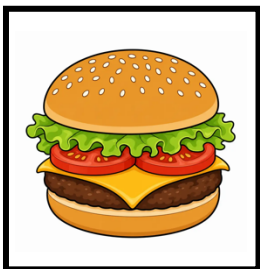
Klip brikkerne ud (pasta, ris, brød, mel, kartofler, gryn):



Fastfood



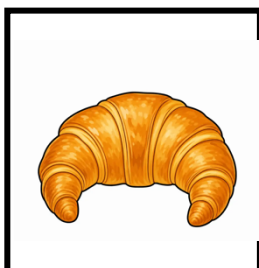
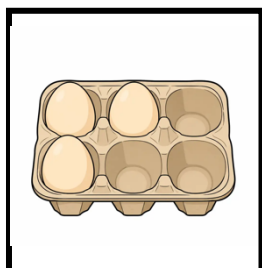
Klip brikkerne ud (burger, hotdog, pizza, fish and chips, nudler, pomfritter):



Morgenmad



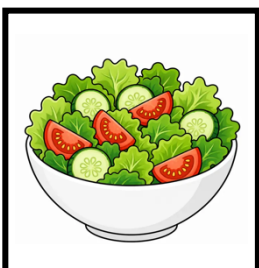
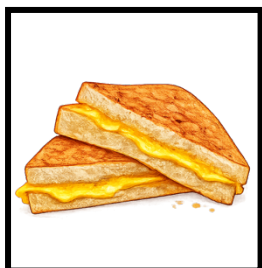
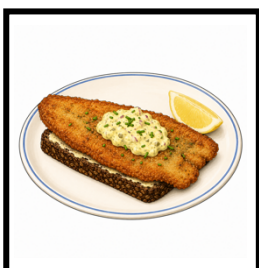
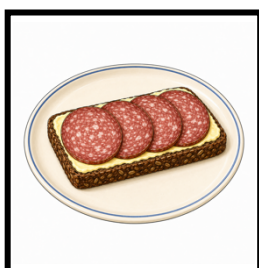
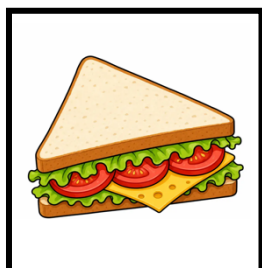
Klip brikkerne ud (æg, havregrød/gryn, Havrefras/morgenmadsprodukt, boller, yoghurt, croissant):



Frokost



Klip brikkerne ud (sandwich, spegepølsemad, fiskefilet, toast, pitabrød (rester), salat):



Aftensmad



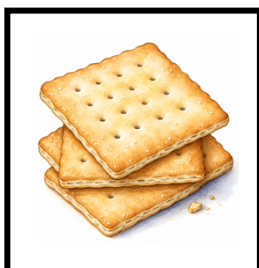
Klip brikkerne ud (suppe, kylling med grønt, madpandekager, laks, spaghetti med kødsovs, tacos):



Snacks/mellemmåltid



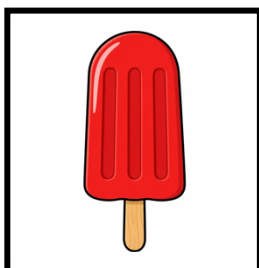
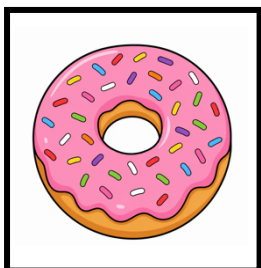
Klip brikkerne ud (pølsehorn, knækbrød, yoghurt, nødder, grøntsagsstænger, kiks):



Dessert



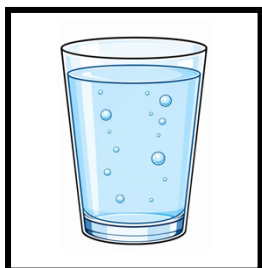
Klip brikkerne ud (kage, cookie, cupcake, donut, brownie, ispind):



Drikkevarer



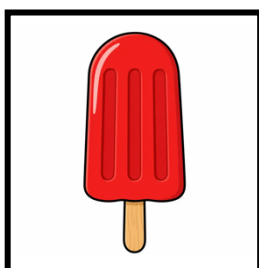
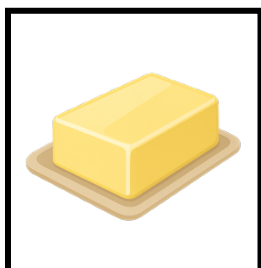
Klip brikkerne ud (kakao, juice, smoothie, vand, te, sodavand):



Koldt



Klip brikkerne ud (smør, is, smoothie, Havrefras, yoghurt, mælk):



Varmt



Klip brikkerne ud (kakao, nudler, suppe, pizza, te, havregrød):

